



Coast to Coast Against Cancer Foundation  
 P.O. Box 17, 20 Queen Street W., Toronto ON M5H 3R3  
 www.coasttocoastagainstcancer.org  
 Charitable No. 8282 52346 RR0001

### Inside Ride - Team Summary Sheet

**Captain must submit forms & funds minimum of TWO DAYS BEFORE event day.**

<b>TEAM NAME:</b>	Registered Online?	Completed Pledge Form or Donation Report Included? (Y/N)	Total <b>Cash/Chqs</b> fundraising Submitted (Enter \$ amount)
1. Captain			
Email:			
2.			
Email			
3.			
Email:			
4.			
Email:			
5.			
Email:			
6.			
Email:			
<b>Cash/Chq Donations Made Directly TO The Team (NOT ONLINE)</b>			<b>\$</b>
<b>(A + B) Team Total Cash/Chq Fundraising (NOT ONLINE)</b>			<b>\$</b>



A

B



## The Inside Ride INFORMED CONSENT/PERMISSION FORM

The \_\_\_\_\_ is arranging **The Inside Ride Charity Event** in partnership with the  
(School name)  
Coast-to-Coast Against Cancer Foundation (the organizers) to take place on \_\_\_\_\_.  
(date)

**THIS FORM MUST BE READ AND SIGNED BY EVERY PARTICIPANT WHO WISHES TO PARTICIPATE AND BY A PARENT OR GUARDIAN OF A PARTICIPATING STUDENT.**

### ELEMENTS OF RISK:

Activities such as the **Inside Ride Charity Event** involve certain elements of inherent risk. Injuries may occur while participating in these activities. The following list includes, but is not limited to, examples of the types of injury which may result from participating in the **Inside Ride Charity Event**:

1. ....Any injury that could occur as a result of riding a stationary bike.
2. ....Dizziness, shortness of breath and increased heart rate due to over exertion during the ride phase.
3. ....Any injury that could occur as a result of participating in group cheers and dances.

The risk of sustaining these types of injuries result from the nature of the activity and can occur without any fault of either the participant, or the school board, the organizers, its employees/agents or the facility where the activity is taking place. By choosing to take part in this activity, you are accepting the risk that you/your child may be injured. The chance of an injury occurring can be reduced by carefully following instructions at all times while engaged in the activity. If you choose to participate in the **Inside Ride Charity Event** on \_\_\_\_\_ you must understand that you bear the responsibility for any injury that might occur.  
(date)

### ACKNOWLEDGEMENT

WE HAVE READ THE ABOVE. WE UNDERSTAND THAT IN PARTICIPATING IN THE ACTIVITY DESCRIBED ABOVE, WE ARE VOLUNTARILY ASSUMING THE RISKS ASSOCIATED WITH DOING SO.

Signature of Participant: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

I understand that video(s) and/or photograph(s) will be taken of the participants in The Inside Ride and may be used by the **Coast to Coast Against Cancer Foundation** in promotional materials and public reports including, but not limited to media coverage and publications and social media posts.

**Please check one of the boxes below.**

I **DO** give consent to the participation of my/my child in video(s) taken The Inside Ride, use of my child's photograph/visual likeness, and publication of my/my child's first name.

I **DO NOT** give consent to the participation of my/my child in video(s) taken of the Program, use of my child's photograph/visual likeness, and publication of my/my child's first name.

### PERMISSION

I give \_\_\_\_\_ permission to participate in the **Inside Ride Charity Event**  
(name of Participant)  
to be held on \_\_\_\_\_.  
(date)

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_  
(for students under 18 years old)