

# THE 24HR SPIN

Register Now at [www.24hourspin.com](http://www.24hourspin.com)

Mattamy Homes invites you to ride  
in this high energy fundraising event



Celebrates our 10th Anniversary,  
March 6 & 7 at the Toronto International Bike Show

Experience 24 hours of Pure Energy!

Riders cycling an hour or more round the clock! Imagine dozens and dozens of stationary bikes and hundreds of participants...and then add continuous live on-stage bands, jumbo-sized multi-media screens, motivational speakers to keep you pumped...and you've got 'The 24-Hour Spin'!

You can check it all out and register at [www.24hourspin.com](http://www.24hourspin.com)

This tremendously popular fundraising ride is celebrating its 10th anniversary. Every single dollar you raise or contribute will go to support critical care programs at the Trillium Health Centre, as well as childhood cancer charities and programs through Coast to Coast Against Cancer Foundation. This year, you'll be riding for two great charities: POGO (The Pediatric Oncology Group of Ontario) and the Betty Wallace Women's Health Centre. The 24 Hour Spin was started by Gears Bike Shop and now includes Mattamy Homes as the presenting sponsor.

It's all coming your way March 6 and 7 at the Better Living Centre, Exhibition Place, with convenient parking and regular TTC service.

**SPECIAL BONUS:** Before or after the spin, you'll be able to visit the Toronto International Bike Show. Passes are included in your registration fee!

#### Supporting:

Trillium Health Centre and Coast to Coast Against Cancer Foundation

Here's how it works:

For 24 consecutive hours, bikes will spin in support of Trillium Health Centre and Coast to Coast Against Cancer Foundation. Each bike will have from one rider up to a maximum of 24, riding in relay style. The registration fee includes the cost of the Spin bike, along with a 3-day pass to the Toronto International Bike Show.

Register and collect pledges online, the easiest way for family, friends and colleagues to support you! Each individual participant must raise \$250 in pledges. Create your team page, use our fundraising tips and watch donations grow as you and your team reach goal!

'24-Hour Spin' participant age limit is 12 and up. Participants are asked to bring their own Spin bike pedals. Pedals are also available for rent.

Come on out for a 24 hour spin.

Thank you for your support.

**When:** Saturday March 6, 12:00 noon to Sunday March 7, 12:00 noon

**Where:** Better Living Centre, Exhibition Place Toronto

**Cost:** Solo Spinners (1-5 riders): \$375.00 per team

Team Spinners (6+ riders): \$475.00 per team

Corporate Spinners (1-24 riders): \$650.00 per team

